

The Monthly Oracle



HOW DO YOU FEEL?

Relationships can be a real education don't you think? Sometimes we catch ourselves judging things in a very critical manner even if we know we do not want to. It maybe insecurity or a feeling of being assessed as inadequate that makes us try to keep a level of control over circumstances. Or we may feel as if we are being rejected or dismissed - perhaps yet again.

Then of course there are the memories of the times we have been judged. Possibly justly but possibly as the pawn in someone else's game. If and when this happens it can leave a wound of gigantic proportions that can take years to heal, if it ever does so fully.

There there are the criticisms and the cosy little chats with warnings abounding that we may

know have gone on but have been powerless to stop. They may have caused sudden changes in attitude to occur. Where once people were open, welcoming and friendly, now they act as if one was diseased.

They may keep their distance or treat you with disdain and be arrogant and/or dismissive. As a result of which we may feel controlled by circumstances and if we do not think we have some highly infectious state that requires lifelong isolation, then we will have to work extremely hard to forgive the perpetrators.

Maybe we will have to buy time and space if we are not to feel and be, rejected under the guise of being welcomed. One of the most difficult things for those experiencing increasing sensitivity is to be able to 'see' beyond the obvious. To 'hear' the real

News and views"

Are we a safe space for others to be exposed to? Do people seek us out or are we constantly seeking them? If we are always seeking the company of others and they are never in contact with us then we are not yet a safe space for others to reside in in comfort.

People will only go to spaces where they are assured of honesty, truth, compassion, tolerance and companionship. Good humour and laughter help, as does food, warmth and a place to sleep.

Do we realize and understand how lucky we are to have any of these things? Is our glass half empty or half full? Are we appreciative or do we expect, assume and take for granted that which comes our way.

Sincerity is an endearing quality, exaggerated patience and a patronizing attitude is not. We will not want to help or support those with the latter attitude. Whereas we will both learn and teach those with sincerity with willingness, enjoyment and with grace.

How gracious and willing can we be?

meaning behind the spoken word and to 'feel' the meaning behind the social presentation. This is the time that an apparent 'nice' meal will cause us to choke at worst or get chronic indigestion at best.

We learn to manage the situation with more grace through time but it is not easy. We will not want to contradict what we 'know' if it does not match what is being said. The answer is not to connect, nor to have any contact beyond that which is required.

It is not up to us to 'call' the person concerned, that would be like someone with a PHD confronting a primary school child. The youngster is quite happy where they are for now, why be so cruel as to disillusion them ahead of time. It is a kinder option to just vacate the area.

Of course with children it is easier for it is fairly obvious what their stage of development and growth is. When someone is adult but not ready to look at, let alone development their spiritual obligations it is not so easy but just as real.

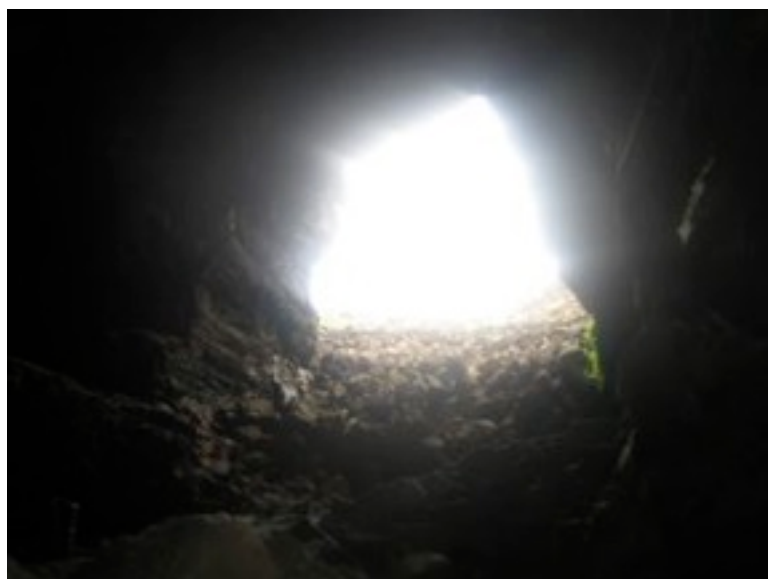
It is possible we or they will have to stay in the darkness that is familiar to them/us all of their/our life. It takes enormous courage to move into greater light. And as we know with sensory deprivation if we come out too quickly we experience pain and blindness yet if we stay in darkness it becomes impossible to ever see again.

So space has to be created and we have to allow the time that is needed. This requires a homeopathic approach and we learn through experience how much is

devils workshop.'

4. Enjoy the simple things.

5. Laugh often, long and loud.



enough. This requires commitment, dedication and endless patience. We will be required to keep on going until the other person disappears from our environment or we do from theirs.

Even then we may need spasmodic contact so as to act as a familiar point of reference if needed or as an aide memoir.

HOW TO STAY YOUNG

1. Throw out non-essential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay them.

2. Keep only cheerful friends. The grouches pull you down.

3. Keep learning. Learn more about the computer, crafts, gardening, whatever. Never let the brain idle. 'An idle mind is the

Laugh until you gasp for breath.

6. The tears happen. Endure, grieve, and move on. The only person, who is with us our entire life, is ourselves. Be ALIVE while you are alive.

7. Surround yourself with what you love, whether it's family, pets, keepsakes, music, plants, hobbies, whatever. Your home is your refuge.

8. Cherish your health: If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can improve, get help.

9. Don't take guilt trips. Take a trip to the mall, even to the next suburb; to a foreign country but NOT to where the guilt is.

10. Tell the people you love that you love them, at every opportunity.

AND ALWAYS REMEMBER:
Life is not measured by the number of breaths we take, but by the moments that take our breath away.

"Faith is the daring of the soul to go farther than it can see"

- William Newton Clarke

SELECTIVE INFORMATION

When one does what might be considered a favor for someone, stating the parameters very clearly more than once it is reasonable to think there has been a common ethic established. Later if it is discovered that the other party has not understood, perhaps because they did not wish to, it is easy to become disillusioned and disappointed and to feel used and exploited.

Yet it is not always like that. Sure the other party maybe thinks they see an opportunity to claim ownership, gain popularity or whatever. But rather than feeling wounded or berating oneself for being gullible and naive in ones understanding of relationships, just move on. Perhaps we can recognize that rather like in school we are being placed in different class rooms.

We do not choose this, it is chosen for us by the Management Upstairs in consultation with Mother Earth. If we look back we see that as we get up the school we have little to do with those just starting. Unless a situation is 'in our face' we do not even notice what is going on unless it affects us directly.

There are times in life that we run into situations where it is just not possible to plan ahead because the circumstances are outside our realm of experience or knowledge. In these times, we will not know the correct course of action until we have taken the first step in the direction of the unknown. When we adopt a

Easier to recognize when the person is a small child. Or if the emotions are so distinct there is a drama.

When things get more subtle then it is a different story. We have to learn a level of detachment so as to become more discerning. As we choose to cooperate we overcome our desire to save, rescue, 'fix it' or protect. After all what are we trying to save someone from, themselves or us?

We do not need to rescue or be rescued unless there is something wrong. And in living and evolving there is not. There is perfect rhythm and order, we may not understand what it is, or how it works but the stars remain in the sky, and the seasons come and go in spite of us more than because of us!

And society only protects the most vulnerable for a little while until we learn to look after ourselves. Maybe it is time to get with the program and catch up with where we are now. Giving all others the same courtesy.

Usually we get on well enough with those in our class. We may bicker, project outcomes, dis-

daring attitude, we feel more confident and secure as we enter into the unfamiliar. To do this, one must have both faith in oneself and faith in a higher guidance.

Together we brave the unknown. If familiar folk leave our space it is to enable others to enter in. There maybe a gap but it will not last for long. Trust the process.

cuss policy, comment on our teachers and our peers but all within safe parameters that support growth.

If someone needs another few years to rerun, update and upgrade their own issues why do we feel the need to input. Can we just get off the case and let go and move on?

Letting go is so hard - we may not realize we are holding on until someone points it out to us. We may be re-running the old from habit. We maybe exceedingly modest and genuinely not realize we are as skilled as we are in a certain arena. We maybe need to be less humble and to stand up and take our rightful place

Whatever it is will be pointed out by life but we must be aware enough to see and hear and then to receive and know. Our soul guidance will lead us but we must cooperate to enable.

Trust the process and move on. Others will be able to as well, so all are served. It is not our business whether they move up a class or not.

ARE WE WALKING IN THE RIGHT DIRECTION?

Are we honored and cherished where we are? Recently while working in another country it occurred to me how well all were being treated. All were on the same side with a common intention. All knew what was required of them and were inputting and above all, all were valued and being cared for.

What a difference from struggling to achieve against all odds, meeting obstruction after obstruction. Being bossed and bullied by others to do things their way. Protesting that something would not work but being unable to put old heads on young shoulders. Wanting to truly honor others is not enough it seems. We do not only grow physically. There is emotional, intellectual and spiritual growth as well. We then react either selfishly wanting for ourselves or selflessly and inclusively as best we are able. Only as old administrations crumble can new paradigms be investigated.

Are we a part of a potential solution or reenacting and adding to an existent problem? Are we condoning that which needs to dissolve and breakdown so to reform? If so we are getting in the way.

What to do? Recollect the frustration of 'trying hard', recall the impotence and the grief - take responsibility for it, own it and then release it once and for all.

It is always sad when an era ends or someone departs for pastures new. Yet they leave behind them a



legacy for others to work. This maybe in a criteria for life, a project, a way of being, a building or whatever. We can be embittered, resentful and uncooperative or we can be gracious. Our attitude is up to us. One way we get a great deal of help and care, on the other path people give us as wide a berth as they are able to get away with! That maybe tolerated as they are not ready to proceed, it it may not and they will be brought back for more in spite of themselves!

We always have a choice.

"All truth passes through three stages.

First, it is ridiculed.

Second, it is violently opposed.

Third, it is accepted as being self-evident."

-- Arthur Schopenhauer (1788-1860)

HOW TO BEHAVE?

Now we know an era is ending we intuitively know that we do not know what to do, nor what is re-

quired. We need to wait in the space, be observant and make no sudden moves.

If we wait long enough we will 'know', time enough then to act. First the unseen needs to become seen, the unheard heard. Only then will the unknown become known, until that time we wait patiently and with as good a humour as we can muster.

WHAT A SHOCK!

At a certain point like it or like it not we have to let go of old habits. It maybe a relationship, a role we are familiar with playing, a job, a location or whatever else we can think of. At this point the subconscious mind and the conscious appear to be at odds one with another. Far from being in complement they can appear to be in conflict.

We may awaken with huge unrest, or we may just feel at odds with ourselves and with the rest of the world. We may feel tearful, disappointed, disillusioned, disregarded, dislocated, disassociated,

dominated and disorientated. Other than that we feel fine!!

Perhaps we are! We may feel as if we are experiencing the imposed ethics of another and so controlled as to our behavior. It can feel torturous to both body and mind and it is often experienced as excruciatingly painful. If we are unable to understand what is going on we may respond with frustration, tears and feelings of impotence which will make us behave as children sometimes do.

We may have a tantrum and as a result be uncooperative. We may sulk and cry. We may try to manipulate circumstances so as to maintain the status quo as we once knew it. We cannot, and we will have to go on experiencing greater and greater levels of pressure and discomfort until we are forced to let go of the past. Only then do we catch up with where we are now.

We work as a part of a collective and the group dynamic will have to be served before all else. Each and everyone must be ready to move on prior to life on earth supporting, acknowledging and notifying all, that a space has been prepared. Only then is it the time for all to physically move on.

In the process we have to accept that things are changing and being changed. We will deepen our levels of trust and of acceptance and much to our surprise things will be managed perfectly without our input or our interference!

AND THEN THERE IS AMBITION

We will have to have personal ambition knocked out of us, along with self-importance and being over-opinionated. It is fine to be collectively ambitious if we are involved in a socially-responsible project, but for our own gratification - no.

And what we are involved within must be ethical and so honor all comers ourselves included. If the intention is self-aggrandizement or greed we will fail and pay the price. This may not take place with immediate affect but be sure it will come. We just cannot go about ill-treating others, nor can we ignore their interests as best we are capable to assess them.

Do we feel what we are doing is worthwhile?

Both for ourselves and for all others? If we do then go ahead and see if life blesses and supports the project. If not then take a long hard look and examine changes that may be needed .

If our intention is not pure then we are adding to an existent problem rather than being a part of a solution. Do we have the courage to let go, to jump into the void, live empty and see what comes? We may have to reassess. This was recently sent to me by email from a friend:

'There comes a point in your life when you realize: Who matters,



Who never did, Who won't anymore...And who always will... So, don't worry about people from your past, there's a reason why they didn't make it to your future'.

GRIEF AND PREPARATORY DEPRESSION

Climbing the stairs within our own evolution necessitates the recollection of history. So we meet ourselves going back so to speak. then we can choose to release and be released. If not we choose to repeat to refine prior to being moved into the next phase. Either way we will recall and modify our action and reactions so as to catch up with the current agendas of one and all.

We need to keep steady at this time and keep the bigger picture in mind.



We may need to withdraw to enable us to establish what our upgraded truth looks like as we absorb lessons learned. This enables us to give our love with no expectation of return. Only then will we find the courage to care enough to tell our truth as it is now. Deep in the knowledge we are an integral part of the vastness of space as are all others.

Little room in our life now for doubt, fear or guilt. Cohesion and unity come from the light sources. This enables us to become love in action. As we deepen our trust there is no energy that can go into the negative areas, as we are now only open and available for the positive. Plus a good attitude as we reflect will, power and love. We learn to be passive and harmless and not try to control or dominate another person or circumstance.

THINK OUT OF THE BOX!

Kids in school think quickly
 Teacher: Why are you late, Frank?
 Frank: Because of the sign.
 Teacher: What sign?
 Frank: The one that says, 'School Ahead, Go Slow.'

Teacher: John, why are you doing your math multiplication on the floor? John: You told me to do it without using tables!

Teacher: Glenn, how do you spell 'crocodile?' Glenn: K-R-O-K-O-D-A-I-L Teacher: No, that's wrong
 Glenn: Maybe it's wrong, but you asked me how I spell it!

Teacher: Donald, what is the chemical formula for water?
 Donald: H I J K L M N O!!
 Teacher: What are you talking

We become quieter and more gentle. We are humble and do not always express ourselves verbally. More we radiate our knowledge and our state of being so transmitting our underlying strength to anchor and reinforce the efforts of others. By working on ourselves we become a pure reflection, an untainted mirror able to reflect the essence and see truth within circumstances, situations and life itself - without anything becoming marred by personal reflections.

We may experience grief and be disturbed by it. We are saddened at human inhumanity one to another. As a result we may experience uncertainty, and until this unknown threatening element becomes neutralized. We will be unable to freely embrace the greater perspective without becoming defensive. If we wait in

about? Donald: Yesterday you said it's H to O!

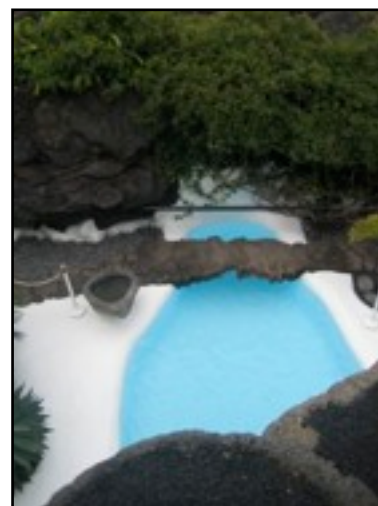
Teacher: Winnie, name one important thing we have today that we didn't have ten years ago.
 Winnie: Me!

Teacher: Goss, why do you always get so dirty? Goss: Well, I'm a lot closer to the ground than you are.

Teacher: Millie, give me a sentence starting with 'I.' Millie: I is...
 Teacher: No, Millie..... Always say, 'I am.' Millie: All right... 'I am the ninth letter of the alphabet.'

Teacher: Can anybody give an example of coincidence?
 Tino: Sir, my Mother and Father got married on the same day, same time.'

Teacher: George Washington not



the space almost without effort or exertion we find we can respond lovingly, effectively and in freedom to situations we found distressing if not downright impossible to deal with in the past. No longer so bothered by the opinionated or those who tell others how to live prior to being a live demonstration themselves.

only chopped down his father's cherry tree, but also admitted doing it. Now, Louie, do you know why his father didn't punish him?' Louis: Because George still had the ax in his hand.

Teacher: Now, Simon, tell me frankly, do you say prayers before eating? Simon: No sir, I don't have to, my Mom is a good cook.

Teacher: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his? Clyde: No, teacher, it's the same dog!;

Teacher : Harold, what do you call a person who keeps on talking when people are no longer interested? Harold : A teacher.