

The Monthly Oracle



BLESS, CURSE OR STAY NEUTRAL

To establish current parameters we have to experience extreme opposites. But sometimes it is painful, let me tell you of an experience I had back in May, when at a clinic where I was working. Arriving early there was the chance for some personal meditation which at the

time was a rare and much valued facility. And what a wonderful experience it was. Direct contact and an accolade for progress made and a job well done. There followed a group meditation which carried some hard hitting feed back from the people who work through me to some of those attending. Not to be self-absorbed was one, to be honorable in dealings was an-

“News and views”

As groups deform and break down so new groups start to form. True for individuals, families, communities, countries and the earth itself. If we only view it in the literal sense it can seem deeply saddening, disruptive, corrupt and unethical.

However if we meditate, pray and contemplate we begin to see moralities updating and upgrading. All insisting on more equal parity, all finding a voice and making a contribution.

It maybe a skill in radiating a more beautiful ideal to all who are met. It maybe to be loving enough to challenge, it maybe to lay a brick with goodwill. Whenever a group are meeting with a common intention there is peace even amongst businesses who are disagreeing over policy.

The balance is being found between the opposite extremes, and interfaces rubbed smooth by the tides. Love, good humor and a light heart as all find their places so as to be able to compliment the efforts of all within their revising placements.



other. One of the attendees gave me some feedback which was absolutely correct but no-one other than me knew that. Great for her and yet more validation for me, that although I had found the assignment difficult it had been well done.

If others are unable to do what you can do, they do not believe it can be done. First speaking with a girl who had not attended the meditation but who felt she was having a great energetic time. Warning her to look after her health, to anchor and lead a simple life for a bit. Like speaking with the children when they were young, she said 'yea' and thought along the lines of 'what does she know and who does she think she is anyway? Past it, deluded why doesn't she get out of the way and leave me to be brilliant'. Not much fun seeing and hearing peoples thoughts particularly when it contradicts what is being said verbally.

And then another person who had been present and had been

given some information that they did not like walked behind me rather close and I felt the stab between the shoulder blades! Now pretty fed up and having to protect my own fields I left the premises so as not to condone what was being experienced. Now feeling somewhat paranoid and intensely irritated and misunderstood. What to do now with the feelings of being let down, pain filled and devastated?

DON'T PANIC ME-CHANIC

Is this a current response or does this extreme response belong to now time or past time? And how do I want to respond NOW? First rebalance, have something to eat, take a walk, do simple things. In response to a phone call I went to admire some building work being done and then for a coffee. Regaining a sense of proportion is vital.

Next it is sometimes difficult to bless but if we do not then we curse and some wish to do that,

but not me. So the best that can be done for now is to get into a neutral space and to hand the outcome over to the soul of all people concerned. Easy to hand the matter over to my own soul, I've had lots of practice in doing that. But handing others over requires us to let go and be at peace. When caught off guard and hurt that is not always easy. Usually people like me come into peoples lives when they are not going well. We work to support, encourage and bring out the capacities that are there. Sometimes honored, sometimes dumped without ceremony!

There are many talking the talk a storm, but they are not able to follow it through by walking the walk. If we are 'conned' and disillusioned then we take the rap even if we cannot afford it. Keep blessing!!!! If we can't bless them let's at least bless ourselves! It is not our sin if someone asks us to do something for them for their own end and they land up using us. Personal ambition at someone else's expense has a price attached which will have to be paid. So we take responsibility for our bit but we let go of all else as soon as we are able. Thank goodness literally. Time to move on.

After some recovery time we will be good as new and ready to go again. We may go on retreat or take a holiday and after that move into a new area of service that will have the potential to give us joy and pleasure. The need to experience persecution or sacrifice now a thing of the past but have we the courage to move into the new and unfamiliar space? No need to reactivate

old insecurities or to feel inadequate if we move steadily and slowly and have no intention to do harm either to ourself or to another.

BEWARE THE SPIRITUAL RAPIST

Recently I re-met someone who had not requested but demanded my attention some years ago now. I had not behaved in the manner he felt I should, so like any spoiled child he was very cross with me and remained so for some years. As a result he judged my ministrations as imperfect and inadequate and redirected his acute, chronic and long standing anger and frustration onto me. He justified himself by deciding I did not know how to respond to alpha males! Once that might have been true but not anymore. His projections, which I had had to live with for many a long year. This unplanned meeting at a location away from both homelands was cathartic. He thought he was going to graciously forgive me after administering a telling off. I decided he should be enlightened regards his bombastic and precocious behavior! And to tell him how exploitative he had been.

Not really interested, he then told me how much he cared for me in spite of my shortcomings. I listened to him and truly wished him well. Then was glad to be somewhere else! Interestingly I was accompanied by renowned healer who had already offered to do a session with me later in the day. How well was I being looked after? I wonder how quickly my young friend will need or be ready to accept such support and advice.

He tells me he is thinking of going into politics and I really do think he has the potential and the track record to be of some earthly use in establishing revised administrations on behalf of collectives. But first he must learn to honor space. Otherwise he will not be able to give to those he serves. Rather he will take what he wants, when he wants it, in whatever fashion he considers to be fit.

WHEN THE WORD IS NOT THE BOND

When someone calls you up and asks for a favor you try to respond positively if you can don't you? So when someone asked if I would buy some something for them on my credit card as their own was not working it was a pleasure to help. Especially as they said they would give me the cash equivalent the next day, but they did not. One member of the couple busy working and promoting her fairly newly acquired skills, the other negotiating new interests and too preoccupied with other more important issues.

Was I too gullible and too naive in trusting someone's word to be their bond? No I don't think so. All should be afforded opportunity. I would not like to be in their shoes however, especially at this time when the 'Management Upstairs' has been testing people to see if they really are willing to put themselves out and to pay the price to investigate possibilities for the future at their own expense. The price may involve difficult negotiations, fatigue, travel as well as cash.

What we are being asked to be is honorable and ethical. If we need something to be done and it involves another, we ask them first if they mind. If we have a problem we tell our truth as it is, even if it makes us look imperfect. All of us have been tested for arrogance and whether we will repeat the old expectations of the spoiled child who wants what they want when they want it, and assumes that all others will be delighted to accommodate them.

How different the humble approach. With modesty someone approached me to say they had taken over the running of the biggest project of its sort in this islands main city and it was a big responsibility. Would I be willing to go in and assess the spiritual potential and see whether I would mind doing a few meditations sessions to set a standard which was felt to be falling short. Well what a difference. What about language difficulties my Spanish still being not good enough for the working framework. No problem I was told a translator would be provided. Later in the same week I was there for a meeting and it was most enjoyable although the circumstances had changed and the building is now to be sold.

Respect and honor go beyond sexual differences, beyond judgement, justifications, personal decisions as to what is perfect and what considered to be inadequate. Only when able to love and to lovingly honor and respect those we negotiate with will we be able to move beyond those issues that have scarred us.



needed help in its release. Otherwise you relied on the help of the heavens and mother nature combined. Only when the two are united and combined can the sacred marriage occur within. Only when that is in place can we have a truly harmonious relationship one with another.

When we reconnect to ancient pain and we own it rather than continuing to deny it, then we may need help to release it. This cannot be done all at one hit so to speak. Sometimes we can dis-

charge a huge chunk all at once. At other times we need to mask the pain and work it - one screen after another until it is gone. This means that pain we experienced years ago may still linger. We should not be told or be judged regards how we work to discharge it. For if we have taken responsibility for it then we are doing our best. At this time others will get on our case until they know better.

To forgive and bless all others as well as oneself is to admit we are not perfect. Nor do any of us really know what perfect is. We give respect to all who are doing their best by being natural and trying to be harmless to all life. So we move out of the confessional and into really productive, constructive interactions and relationships. Worth working for don't you think? Albert Schweiter said

"I don't know what your destiny will be, but one thing I know: the only ones among you who will be really happy

are those who will have sought and found how to serve"

CHOOSING ANOTHER WAY FORWARD

All have been asked to take a long hard look at greed and being greedy, selfishness and being selfish, corruption and being corrupted. We can repeat or release and find another way forward in spite of our fear. Courage says seek and find an alternative that is both ethical and honorable towards all. Sure each of us have unique skill areas and we should be free to practice them. And to work in multi-disciplined teams so as to assure a good result. Not to talk up our skill and belittle that of another but all to work together in compliment, loving doing what we like doing. And acknowledging that others are doing their bit that either we do not like doing, or filling the gap in which we fall short.

No boss and no worker, all bosses and all workers. In this honorable and loving environment all flourish and none feel demeaned. All at work and all feeling able to play. Certainly when there is a need there is an overlap where one assists another, but mostly each pursuing their own aspect. Very content to be contributing towards a more comprehensive service not as a theory but as a live demonstration. A peace-filled haven embracing hard-work and service to all.

Translation from the Sanskrit by Juan Mascaro from The Upanishads

Man in truth is made of faith. As his faith is his life, so he becomes

Rape is not only a physical phenomenon. It can occur at other levels as well. Not being given an emotional space in which we are able to respond, prior to doing what you want, the way you want. At the level of the intellectual not giving the room for the less erudite to stumble their way to explaining their point of view, but instead taking over all and deciding on their behalf. And at the spiritual level it is shooting the messenger prior to the message being taken on board, mainly because you don't want to be bothered. And the excuse 'but I was so upset' does not wash. What did you do with your upset? Did you honestly express it without the need to blame another? Did you take responsibility for it, or did you broadcast it at another's expense? Did you endlessly talk about it and what it did to you personally at the expense of relatives, friends or colleagues.

Perhaps you retreated and prayed, meditated and then spoke to a trusted person if you

in the beyond: with faith and vision let him work.

There is the Spirit that is in my heart, smaller than a grain of rice, or a grain of barley, or a grain of mustard-seed, or a grain of canary-seed, or the kernel of a grain of canary-seed. This is the Spirit that is in my heart, greater than the earth, greater than the sky, greater than heaven itself, greater than all these worlds.

He contain all works and desires and all perfumes and all tastes. He enfolds the whole universe and in silence is loving to all. This is the Spirit that is in my heart, this is Brahman.

To him I shall come when I go beyond life. And to him will come he who has faith and doubts not. Thus said Sandilya.,

THE LIGHT CARRIERS

Those who carry great light have a presence that initially attracts devotees. These people need treating with courtesy but they also need to be discouraged as they have their own life to live and they cannot do that vicariously through others. Next come the disciples who insist, regardless of circumstances that they are privy to everything to do with the light carrier. They do not want to have a life separate to the carrier they want to merge themselves with them.

Then come the students who wish to learn and they must be catered for but within guidelines and structures that suit. Finally there are the curious spectators, who in spite of their scoffing, mocking and suspicion must still be served. That is quite a work-

load for the 'Sangha' the light bearer.

They may formalize their status and teach a certain specialization or they may move among us virtually unknown. A friend of mine who I have known for more years than either of us probably care to remember is one such. 80 ish she came for two weeks to visit a son who lives here. This lady carries such light that wherever she goes people notice and look. Even more impressive is that she genuinely does not have a clue who she really is and what she does. Yet everyone is blessed by her passing and she is welcomed wherever she goes.

MOTION SICKNESS

To have a willingness to serve we commit ourselves into service to the greater good through working unconditionally within the present moment. We will have to review and to update all that has gone before if we are to upgrade the framework in which we can bring the life purpose of our soul into an earthly representation. We are working in collaboration with all, co-operating with the unique contributions being made by others to revise the format. Maybe we will have to slow down to be able to accommodate others and sometimes we speed up in order to find our place.

To enable this willingness we work unconditionally within the present moment, anchored to the earth at the point where we can do the most good. This may not be where we think we ought to be! To be a willing server we are asked to be exactly where we are, totally involved whether that



means talking to our children, doing the dishes, caring for elderly parents or being at work. If we are resentful, feeling enslaved, martyred or persecuted we sacrifice many. It will depend on our attitude and our ability to tell our truth accurately and with good humor.

We ask ourselves if we are content to be doing what we are doing? If not we work to change it. We don't lay a guilt trip on ourselves or on others. Perhaps we are ahead of time and hoping for an early release into an imagined lifestyle. What would we miss if our situation changed dramatically in a moment? Ask what we like and appreciate about our current situations, then we concentrate our abilities on improving our attitude and keep working at it.

Only when we have been through the apprenticeship required where we are tested, will we be able to reflect the information that is being introduced from our soul. We may find ourselves thrown backwards into our past to revise, review and update, only as we upgrade understanding, response and attitude can we move on again.

We must be able to be on the same page where soul instruction and living administration are concerned and walking hand in hand in the same direction. If the soul and the ego are in discord then we are not flexible enough to be able to keep our balance. Round and round we go until we are able to keep our balance without being discomforted. Equally at home in the invisible and the visible realms. We learn to unify vibration and sound, touching and being touched by life, until we know that all is harmonious and no one is being harmed is all well. Only then do we become an instrument through which the invisible world can feed the Light into the Earth and know that it will be delivered with accuracy. We must be able to hold our shape without being over affected by the opinions of others.

That way none will be harmed by our input and all with benefit from our presence. Even when they are not pleased by the informations given, as is inevitable on occasion. Only when able to deal with others who do not appear to be interested or to care about things that are so important to us. Do we have the courage to root where we are and wait while we work to understand, respond and act with grace? If we are unable to do this we too easily become despotic or dictatorial.

While we wait we taste the lessons of the past and digest feeling that would be undisciplined; and if challenged could get out of hand. We touch life and are touched by it. We connect to the inner sense and release old adventures that have not supported us, freeing ourselves from

resentment, frustration and impotence. Only when we have fully digested these lessons and eliminated the residual are we free to proceed.

Then we begin to understand what the updated spiritual concept will mean to us. We begin to clear our vision and to work on behalf of the Light rather than thinking we are the Light! All of us have lessons still to learn for whereas we are teachers and therapists within some areas. In others we are students and patients.

As we begin to hear the vibration behind the sound we begin to trust the guidance being picked up regardless of what it appears to involve. Intellectually we begin to feel good again enthusiastic and in awe of what is occurring. We respond with truth and good humor and are emotionally stable. We again feel joy, something that may have been missing for a long time. So we become of earthly use to the invisible world. As we are being moved we may feel somewhat motion sick as the necessary adjustments are made.

Boldness has genius, power, and magic in it. Only engage, and then the mind grows ... than to remain in cowardly listlessness for fear of what might happen. ...

Johann Wolfgang von Goethe

REST AND RECOVERY

We must adjust from one stage to another. This will require us to learn to relax at all levels of being. Spiritually we connect and keep connection. Intellectually

we realize that as yet, we cannot understand what is going on and we stop trying and allow ourselves to be led by life. Emotionally we respond with as much good humor as we are able to at this time. When feeling confused we withdraw coming out again when we are feeling more gracious. Physically we exercise just enough, we drink lots of water and eat clean foods. All of which constitutes 'waiting nicely'! Making sure that we get enough sleep even though our sleep patterns may be a little erratic.

We take responsibility for maintaining law and order within our space as best we can. When something annoys us we look long and hard, getting any help we may need to clear and cleanse.

If we are free of hostility there will be peace within. If we would like to attack the situation or defend ourselves there will be aggravation within all negotiations. If not then it is just a discussion to find the common thread between differing points of view until a working hypothesis is achieved. Even if the discussions are heated they are companionable. Accept, TRUST and let go and enjoy the ride.

